

AERO WINGED DRY MIDGE



Recipe

Hook.....Curved Caddis, size 16-12
Thread.....Black, 6/0 or 8/0
Rib.....Metallic red thread or red holographic tinsel
Back.....Pearl or opal mylar tinsel
Body.....Clear or pearl mylar
Wing.....Polypropylene yarn or Aero wing yarn, dun
Thorax.....Black dubbing, Prism or equivalent
Hackle.....Black saddle
Head.....Thread

1. Place the hook in the vise and tie-in the thread slightly behind the hook eye, then wrap a tight thread base back to over the hook point.
2. Cut a 5" piece of ribbing, a 5" piece of opal tinsel, and a 5" piece of clear or pearl tinsel and tie them in together above the hook point keeping them flat on top of the hook shank. (It is important that the tinsels be tied in on top of each other so that the clear tinsel is on the bottom followed by the opal tinsel, and lastly the red tinsel on top.) Now, keeping the tinsels on top of the hook shank, wrap tight touching thread wraps over them to half way down the curve of the hook bend, then reverse direction and wrap the thread in tight touching turns back to over the hook point, forming a neat, smooth thread body.
3. Now grasp the red holographic tinsel or thread and spiral wrap it forward for 5-6 turns over the thread body to the front of the thread body. Remove any excess tinsel.
4. Now grasp the opal tinsel and pull it over the top of the body and tie it off tightly. Remove any excess tinsel.
5. Now grasp the clear or pearl tinsel and wrap it in overlapping wraps over the entire body to the front of the body. Remove any excess tinsel. (At this point you may wish to coat the entire body with clear nail polish or UV resin for durability.)

6. Cut a 3"- 4" piece of wing material and tie it in by its middle tight against the front of the body, then, keeping the yarn on top of the hook shank, wrap the thread forward over the yarn for about 1/8" creating a small thread base between the front wing and the rear wing. You should now have a front wing going out over the hook eye, a small thread base, and a rear wing (see picture). Trim the rear wing so that it measures 1/3 of the body. **DO NOT TRIM THE FRONT WING.**
7. Select a hackle feather, trim the fluff from its base, and tie it in by its butt at the front of the rear wing. Leave the feather alone for now.
8. Dub the thread and wrap a small thorax over the thread area. End with the thread behind the front wing. Be sure to cover the entire thread area between the wings so that no thread wraps are visible. Remove any excess dubbing.
9. Grasp the hackle feather and wrap it forward in 4-6 turns from the front of the rear wing to the back of the front wing through the dubbed thorax and tie it down. Remove any excess feather.
10. Bring the thread forward to behind the hook eye, form a neat thread head, do a whip finish and cut the thread. At your option, apply head cement to the head.
11. Trim the front wing to be slightly shorter than the length of the hook shank.