

BARR'S MEAT WHISTLE



Recipe

Hook.....90 or 60 degree Jig hook, size 3/0 to 1/0

Weight.....Copper Conehead

Thread.....Rusty Brown 6/0

Rib.....Ultra Wire (Brassie), Copper Brown

Body.....Diamond Braid, Copper, Gold, or Bronze

Wing.....Rabbit Zonker Strip, Rust

Legs.....Brown/Black/Orange rubber or Pumpkin Stripe Sili Legs

Flash.....Copper Flashabou

Collar.....Brown or Rust Marabou

1. Place the cone on the hook, then put the hook in the vise with the hook point down. Attach the thread behind the hook angle in front of the conehead and build up a small football shaped length of thread. (This length of thread should be slightly larger than the diameter of the hole in the cone so that the conehead fits tightly onto it.) Let the thread hang.
2. Push the conehead forward onto the thread length, then continue wrapping the thread in front of the conehead building up a small cone thread head between the front of the conehead and the angle of the hook.
3. Now pull the conehead back off the thread, whip finish and cut the thread, then apply head cement to the thread.
4. While the cement on the thread is still wet, push the conehead back onto the thread head tightly.
5. Restart the thread behind the conehead and wrap a tight thread base back to the hook bend, then reverse direction and wrap it back to behind the conehead. Let the thread hang.
6. Cut a 5-6" piece of diamond braid and ribbing wire and tie them in together slightly behind the conehead. Keeping them on top of hook shank, wrap thread over both of them back to the hook bend, then wrap the thread back to slightly behind the conehead.

Instructions by Bill "Woody" Woodward

Photography by Bob Cain

7. Now make one turn of the diamond braid behind the wire ribbing, then wrap the braid forward to slightly behind the conehead and tie it off. Remove any excess braid. Let the thread hang. DO NOT WRAP THE RIB YET.
8. Invert the hook in the vise. Cut a piece of zonker strip a little more than 2 times the length of the hook shank. Pierce the strip with the hook point in its middle (the front end of the strip should reach to the front of the braid body) and pull it down to the rear of the braid body. The hide part of the strip should be against the braided body. (It may be necessary to remove the hook from the vise to move the strip into the proper position.) Tie the front of the strip down tightly at the front of the braid body and remove any excess strip behind the conehead. Cover the strip butt behind the conehead with thread. (Be careful not to build up too much bulk as there are several other items to tie off later.)
9. Grasp the wire rib and palmer it evenly over the rabbit strip, binding the strip to the body in a matucka-style wing. Once the wire is at the front of the wing, tie it off and remove any excess.
10. Now invert the hook back to its original position. Cut two 6" pieces of legging material, fold them in half, and tie them in at the fold on top of the hook shank at the point where the rabbit strip was tied off, adjusting them so that there are two legs on each side.
11. Cut a small clump of flashabou about 6-7" long and tie it in by the center behind the conehead, working the separate strands so that they are evenly distributed around the hook shank. Then fold the front half of the fibers back over the body and bind them down as well. Trim the ends of the flashabou so that they are about 1/2" past the bend of the hook.
12. Select and measure a marabou feather so that its tips reach just past the bend of the hook. Tie it in on top of the hook shank right behind the conehead and attempt to spread it out so that it covers the top half of the fly. DO NOT WRAP THE MARABOU OR CUT THE BUTT END OF THE MARABOU. Invert the hook and repeat this procedure for the bottom half of the fly.
13. Now grasp the butt ends of the marabou and wrap them around the hook shank tight against the back of the conehead and tie them off. Remove any excess marabou butts.
14. Form a dubbing loop behind the conehead, cut some matching rabbit fur and place it in the loop and twist the loop closed. Wrap this fur dubbing loop around the hook shank tight behind the conehead forming a fur collar and tie it off. Remove any excess dubbing loop. Whip finish behind the conehead and cut the thread.
15. Trim the zonker strip tail so that it is approximately a hook shank in length. Trim the legs so that they reach back to the middle of the tail.