

CHAN'S FROSTBITE CHIRONOMID



Recipe

Hook..... Curved Caddis, size 12-22

Thread..... Black or desired body color, 6/0 or 8/0 depending on hook size

Bead..... Copper or gold bead

Body..... Red tinsel, Flashabou accent, or holographic flash

Rib..... Fine silver wire

Breathers..... White Antron or poly yarn

Thorax..... Peacock herl

Head..... Thread

1. Tie-in the thread behind the hook eye and wrap a tight thread base back down the hook shank to slightly in front of the hook point, then wrap back to slightly behind the hook eye. Remove the thread tag and let the thread hang.
2. Cut a 4"- 5" piece of white Antron and tie it in by its middle slightly behind the hook eye on top of the hook shank as breathers. Be careful to not use too much Antron so that the bead can slide forward over it. Keeping the butt end of the Antron on top of the hook shank, wrap back over the butt end of the Antron to the front of the hook point. Trim off the excess Antron butt, do a whip finish, and cut the thread.
3. Now slide the bead forward over the Antron butts to right behind the hook eye. Be sure that the Antron stays on top of the hook shank projecting out over the top of the hook eye.
4. Tie in the thread again behind the bead and wrap a small thread dam to keep the bead in place, then tie in a 6" piece of ribbing and 8"-10" piece of body material by one end and wrap back over the length of them with tight thread wraps back to slightly down the hook bend. Now wrap the thread back to slightly behind the bead. Make sure that you have a smooth thread underbody.

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5. Wrap the body material forward in tight overlapping wraps to slightly behind the hook eye and tie it off. Remove any excess body material.
6. Now palmer wrap the ribbing forward over the body in 5-6 turns to slightly behind the bead and tie it off. Remove any excess rib. (Note: At this point you may opt to tie off the thread and coat the body with epoxy, UV resin, or nail polish to strengthen it and make it more durable.) After the polish is dry, tie in the thread at the front of the body and continue to step 7.
7. Now select 2 peacock herls, trim off the butt ends and tie them in slightly behind the bead. Wrap them forward to behind the bead, forming a herl thorax, and tie them off behind the bead. Trim off the excess herl, do a whip finish behind the bead and cut the thread.