

Detached Body Lake Erie King



Recipe

Hook.....Nymph Sproat Medium 3XS, size 14

ThreadBlack 70

Body.....Natural Peacock Herl

Wing.....Grizzly Tips

Hackle.....Grizzly and Furnace

Head.....Thread

1. Start the thread at the eye and wrap it back on the hook about 1/4.
2. Form a dubbing loop about 4 inches long and wrap back to a point half way between the point and the barb keeping the dubbing loop thread on the top of the hook.
3. Set the dubbing loop aside and select 3 strands of natural peacock herl and measure the herl to the length of the dubbing loop and cut the tips off even. Tie the peacock herl in on top of the hook and wrap forward then back on the peacock herl wrapping it in tightly.
4. Take the 3 strands of peacock herl in one hand and the dubbing loop in the other hand and wrap the herl around one side by wrapping through the dubbing loop all the way down to the end of the thread.
5. Grasp the peacock herl and the other thread to form and long noodle and twist the noodle together until it is tight and will twist back upon itself.

Over....>

6. Clip or hold the peacock herl at a point that you want to make the body, approximately the hook length and hold. Now fold the herl over on top of the hook and hold there. Now twist the end of the herl to get the herl to come together and tie in on top of the hook with 3 or 4 wraps and trim away the rest of the peacock herl. Wrap your thread forward and then back to the hook point making a smooth surface.
7. Select 2 grizzly hackle feather tips and measure to the length of the body and tie in on top of the hook with a couple turn of thread, then adjust the hackle tips to each side of the body and tighten up with additional thread wraps and trip off the excess, wrap the thread forward and the back smoothing out the area in front of the wings.
8. Select a grizzly hackle feather and strip the fuzz from the feather and tie in on the side of the hook facing you. Select a furnace hackle feather and strip the fuzz from it and tie in at the same point as the grizzly hackle feather. Wrap your thread forward and trim the stems from the feathers, stopping your thread about a hook eye length behind the hook eye.
9. Now wrap the furnace hackle forward in close wraps to just behind the hook eye and tie in and trim the excess.
10. Wrap the grizzly hackle through the furnace hackle and tie off behind the hook eye. Now wrap your thread back through the furnace and grizzly hackle to where you tied them in and then back to behind the hook eye and trim the excess grizzly hackle. Pull the fibers back out of the way away from the hook eye and whip finish. Apply head cement.

Instructions by Frank Cox
Photography by Frank Cox