

FLASHY PRISM STEELHEAD NYMPH



Recipe

Hook..... Curved Caddis, size 10

Thread..... FL Chartreuse and Rusty Brown, 6/0

Tail..... Pheasant tail, dyed chartreuse or color of choice

Rib..... Thread, Rusty Brown

Body..... Thread, FL Chartreuse

Wingcase.....Pheasant Tail

Thorax.....SLF dubbing, Caddis Green or color of choice

Head..... Thread

Sealant..... UV resin and/or Sally Hansen's Hard as Nails polish.

1. Place the hook in the vise. Attach the thread (Rusty Brown) slightly behind the hook eye and wrap a tight thread base back to about a quarter way down the bend of the hook. Let the thread hang. Remove any thread tag.
2. Cut 6-8 fibers from the pheasant tail, align the tips, and tie them in on top of the hook shank as a tail where you left the thread. The tail length should be about a hook gap. **Do not cut off the remaining fiber butts.**
3. Wrap thread forward over the fiber butts to just past the hook point, then reverse direction and wrap touching thread wraps back to the tail. (The idea here is to form a smooth thread body.) Let the brown thread hang.
4. Take a second bobbin filled with chartreuse thread and tie it in at the front of the brown thread body, then wrap back over the brown thread in tight touching turns to form a **tapered** chartreuse body from the tail to the front of the brown thread body. Be sure to cover all the brown thread wraps. Lift the pheasant tail fibers at the front of the body and take several turns of the chartreuse thread in front of them, then do a whip finish and cut the chartreuse thread.
5. Now take the brown thread, spin it clockwise to cord it, then make 5-6 open spiral wraps over the chartreuse body to the front of the body in front of the pheasant tail fibers. Let the thread hang.

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6. Now cut another bunch of 6-8 pheasant tail fibers, trim off the tips and tie the fibers in at the front of the original fibers with the fibers going back over the previous fibers on top of the hook shank. (All that you're doing is adding additional fibers for the wingcase.) Wrap the thread over the fiber butts to behind the hook eye, then wrap it back to the front of the wing case. Let the thread hang. Remove any excess fiber butts.
7. Now dub the thread and wrap a full thorax from the front of the body to behind the hook eye. Remove any excess dubbing.
8. Brush the dubbing down on either side of the thorax, then grasp the pheasant tail fibers and pull them over the top of the thorax and tie them down behind the hook eye. Trim off any excess pheasant fibers.
9. Form a small thread head, do a whip finish, and cut the thread.
10. Brush the dubbing out on each side of the thorax and trim the fibers to about a hook gap in length.
11. Apply UV resin to the top of wingcase only.