

## F FLY



### Recipe

Hook.....Dry, size 10 - 28

Thread .....Olive/Black 8/0

Body .....Olive/Black pheasant tail fibers

Wing.....Natural gray/Olive CDC

Head.....Thread

1. Flatten the barb on hook and put it in your vise. Tie-in the thread behind the hook eye and wrap it back to the start of the hook bend, laying down a good thread base.
2. Select 4 pheasant tail fibers, align the tips, and tie them in at the hook bend with the tips extending out over the hook bend.
3. Slightly twist the fibers into a loose rope and wrap this rope up the shank of the hook to **slightly behind** the hook eye. Tie off the fibers and trim off any excess. Let the thread hang.
4. Select 2 CDC feathers and place them side by side. Align the tips of the feathers and tie them in tightly by their base right behind the hook eye at the end of the pheasant tail body. **Be sure to position the CDC feathers on their edges caddis style and ensure that the wing lies low over the body (see the picture).** Trim off the excess CDC butts and cover them with thread wraps forming a small neat thread head.
5. Do a whip finish and cut the thread.

***As an alternative head, after tying in the CDC feathers, trim the feather butts even with the front of the hook eye similarly to an elk hair caddis head. Whip finish behind this small fiber head, keeping the thread wraps on top of one another. Cut the thread and you're done.***