

## HEX WIGGLE NYMPH



### Recipe

#### TAIL SECTION

Hook.....Nymph, size 6-8  
Thread..Yellow 6/0  
Tail.....Krystal Flash, Pearl or Yellow Filoplume  
Body.....Four Strand Floss or Embroidery Yarn, Yellow  
Rib.....Gold Wire or Flat Silver Tinsel  
Gills.....Ostrich Herl, Red, Gray, Brown or color of  
          choice  
Head.....Thread

#### THORAX AND HEAD SECTION

Connection..8-10 lb.Mono or 6lb. Braided Line  
Hook.....Scud or Caddis, size 8-10  
Eyes.....(Optional) Black Plastic or Melted Mono  
Gills.....Filoplume  
Shellback....Turkey or Pheasant Tail Section  
Thorax.....Four Strand Floss or Embroidery Yarn, Yellow  
Legs.....Hackle, Brown  
Head.....Thread

#### TAIL SECTION

1. Place the hook in the vice. Tie-in the thread behind the hook eye and wrap it back to the bend in touching turns. Let the thread hang.
2. Cut 3-4 strands of flash and tie them in at the hook bend as part of the tail. The strands should be about as long as the hook gap. Select 3-4 filoplumes (aftershaft feathers) and tie them at hook bend so that the tips extend back over the hook bend by the length of the hook gap. Trim off any excess flash and filoplume. Let the thread hang.
3. Now turn the hook upside down in the vise and wrap the thread forward to slightly behind the hook eye.
4. Cut a 5-6" piece of floss and tie it in behind the hook eye with the length of the floss laying back over the hook shank. Wrap thread over the floss back to the hook bend. **DO NOT CUT OFF THE REST OF THE FLOSS.** Now cut a 4" piece of flat tinsel and 6-8 pieces of ostrich herl and tie them in by the end at the front of the tail **on top of the hook shank.** Wrap the thread forward to right behind the hook eye. Let the thread hang.
5. Wrap the floss forward to behind the hook eye and tie it off. Remove any excess floss. Grasp the ostrich herls and, keeping them on top of the hook shank, pull them forward over the body and tie them off behind the hook eye. Remove any excess herl.
6. Now wrap the tinsel forward in 5-6 evenly spaced turns over the body binding the herls to the top of the body, and tie it off behind the hook eye. Remove any excess tinsel.
7. Form a neat thread head, whip finish, and cut the thread. Coat the head with thread cement.

Over....>

## THORAX SECTION

1. Place the hook in the vice and tie the thread in behind the hook, then wrap it to the middle of the hook shank.
2. Cut a 4-5" piece of mono or Fireline (henceforth referred to as "line") and tie it in at the middle of the hook shank. Keeping it on top of the hook shank, tightly wrap thread over it back to the hook bend. Take the remaining line and slip it through the hook eye of the tail section so that the hook point of the tail section will be in an up position. Pull the line back to the hook bend of the thorax section and tie it in with a few loose wraps forming a loop between the two sections. Pulling on the line, adjust the size of the loop so that it is unobtrusive yet sufficient to give the tail section unhindered movement, then bind the loop down with several tight thread wraps. Wrap a solid thread base over the remaining line forward to the middle of hook shank. Trim off the remaining line and coat the thread wraps with super glue. Wrap the thread back to the hook bend.
3. Select 3-4 filoplumes and tie them at the hook bend so that the tips cover the connecting loop. Wrap the thread forward over the plume butts to about 1/4<sup>th</sup> hook shank length behind the hook eye. Trim off the excess plume butts. *(At this point, you should have a fairly even underbody.)*
4. Wrap the thread forward to 3-4 hook eye lengths behind the hook eye and tie in the eyes using figure eight wraps. Ensure that the eyes are centered on top of the hook shank. *(You may wish to apply a drop of superglue to the eye thread wraps to help keep them from spinning around the hook shank.)* Wrap the thread back to the hook bend.
5. Cut a section of turkey or pheasant feather about the width of the eyes as a wingcase and tie it in shiny side down at the hook bend on top of the hook shank tight against the base of the filoplumes. (It is suggested that the feather section be treated with flexament or equivalent.) Return the thread to behind the eyes, wrapping over the feather butts to behind the eyes. Remove any excess feather butts.
6. Tie-in a 5-6" piece of floss behind the eyes and wrap the thread over the length of it back to tight against the base of the wingcase at the hook bend. Let the thread hang.
7. Select and clean the fluff off of a hackle feather with barbs the length of the hook gap. Tie it in by its tip against the base of the wingcase at the hook bend. Remove any excess feather tip. *(The concave side of the hackle feather should be facing back toward the hook bend.)* Return the thread to behind the eyes.
8. Wrap the floss forward in touching turns to behind the eyes, forming a thorax. Tie it off behind the eyes, then move the thread in front of the eyes. Now make a figure eight wrap with the floss over the eyes and tie it off in front of the eyes. Remove any excess floss and return the thread to behind the eyes.
9. Grasp the hackle feather and palmer it forward to behind the eyes and tie it off. Remove any excess hackle.
10. Grasp the wingcase feather section, pull it tightly forward over the top of the thorax, and tie it off behind the eyes. ***(Stroke the hackle fibers down on either side of the thorax before you pull the section over the top of the thorax.)*** Move the thread in front of the eyes, then pull the remaining wingcase forward over and between the eyes and tie it off in front of the eyes. Remove any excess wingcase section and form a neat thread "nose" in front of the eyes.
11. Do a neat whip finish behind the hook eye, cut the thread, and apply cement to the thread wraps.