

MAYFLY CADDIS NYMPH



Recipe

Hook.....Nymph, size 12-16, or hook of your choice
Thread.....Black or Olive, 6/0 or 8/0
Tail.....Mallard Flank fibers
Rib.....Pearl tinsel, opal or clear, large, medium or small
Body.....Blend of 1/3 Olive, 1/3 brown, and 1/3 yellow dubbing
Legs.....Hungarian partridge feather, natural or gray
Thorax cover.....Pearl Tinsel, large
Thorax.....Life cycle dubbing, gray
Antenna/Horns.....Mallard flank fibers
Head.....Thread

1. Attach the thread slightly behind the hook eye and wrap a tight thread base back to slightly past the hook bend.
2. Select 3-4 mallard fibers and tie them as a tail on top of the hook shank at the hook bend. *The tail should be the length of the hook shank.* Wrap thread back over the fiber butts to the middle of the hook shank. Remove any remaining fiber butts.
3. Cut a 4" to 5" piece of ribbing and tie it in by one end at the hook bend. Let the thread hang.
4. Dub the thread and wrap a tapered body forward to slightly past the middle of the hook shank. Remove any excess dubbing and let the thread hang.
5. Take the ribbing and coat the inside (the side that will be toward the hook shank) with an Olive or Sepia colored permanent marker pen (I use Prismacolor pens). Wrap the ribbing forward in **ALMOST** touching wraps to the front of the dubbed body, allowing some of the dubbing to show between the wraps, and tie it off on **top of the hook shank**

as we will use it later as a thorax cover. **DO NOT REMOVE** any excess ribbing. Let the thread hang.

6. Select a small batch of hackle fibers and attach it at on the near **side** of the hook shank at the front of the body to simulate legs. The fiber legs should reach back to the back end of the body. Repeat the process on the far side of the body. Remove any excess fiber butts and cover any butt remnants with tight thread wraps. Return the thread to the front of the body.
7. Dub the thread and wrap it forward to behind the hook eye to form a thorax. *The thorax should be slightly thicker than the body.* Remove any excess dubbing.
8. Pull the excess ribbing, aka thorax cover, over **the top of the thorax** and tie it down behind the hook eye. Form a neat thread head and let the thread hang. Remove any excess ribbing/thorax cover.
9. Select 2 hackle fibers to serve as an antenna. Tie the fibers in on top of the thread head, slightly separated, and with the fiber tips going back over the body of the fly to a point slightly past the back of the hook. Wrap tight thread wraps over the fiber butts back toward the hook eye, then bend the fibers butts back toward the body of the fly and wrap thread over them while forming a neat thread head.
10. Do a whip finish, cut the thread, and trim off any excess antenna butts. Cover the thread head with a drop of head cement if desired.