

RHYACOPHILIA CADDIS LARVA



Recipe

Hook.....Nymph, size 8
Weight.....Lead wire or copper wire
Thread.....Chartreuse 6/0
Tail.....Olive or natural partridge or mallard flank
Rib.....Olive or chartreuse V-rib or stretch tubing
Back..... Olive Thin Skin
Abdomen...SLF Dubbing, Olive
Thorax.....SLF Dubbing, Dark Brown
Head.....Thread

1. Place the hook in the vice about 1/3rd of the hook shank behind the hook eye. Apply pressure to the rear of the hook and bend the hook **sideways** (not up and down) and make a slight bend in the hook shank. The bend should be somewhere around 10 – 15 degrees. Now position the hook in the vice as is normal.
2. Take a 3" piece of lead wire and make about 6 -10 wraps right **behind** the bend you put in the hook. Remove any excess wire.
3. Tie in the thread at the rear of the lead wraps and cover the lead wraps with thread wraps, then wrap the thread back to the hook bend.
4. Select a tail feather and stroke the fibers up into a tight group. Tie this group of fibers in tightly on top of the hook shank at the hook bend. Pull on the feather until the tail fibers are about a **hook gap** in length. Bind down the butts back to the rear of the lead wraps. Remove any excess feather butt. Return the thread back to over the hook bend.
5. Take a 3"- 4" length of stretch tubing and make a slanted cut in one end to reduce bulk, then tie it in tightly by the point at the hook bend with the length of the tubing extending back past the hook bend. If possible, attempt to tie the tubing in on the side of the hook shank at the hook bend.

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6. Cut a 3"- 4" strip of Thin Skin approximately 1/8" in width. Cut one end to a point. Remove the paper and tie the Thin Skin in by the point **centered** on top of the hook shank at the hook bend. The length of strip should extend back over the hook bend.
7. Dub the thread and wrap a slightly tapered abdomen forward to the bend you put in the hook shank. Tie off the dubbing and remove any excess, then redub the thread for the thorax and wrap it forward to slightly behind the hook eye. Tie it off and remove any excess dubbing. Let the thread hang.
8. Now grasp the Thin Skin strip and pull it forward firmly (but not too tightly) over the top of abdomen and thorax and tie off behind the hook eye. Be sure to fold the end of the strip back and take several tight thread wraps over it to anchor it firmly. Remove any excess strip.
9. Grasp the stretch tubing and palmer it forward over the Thin Skin in 7- 8 wraps to behind the hook eye and tie it off tightly. It is suggested that after tying it off that you lift the tubing and fold it back and tie it down again. Remove any excess tubing. (It is okay to adjust the thin skin so that it stays centered on top of the body and thorax.
10. Form a neat thread head, whip finish, cut the thread, and apply head cement.
11. To finish the fly, use a dubbing brush to pull fibers from the **sides** of the fly. Then, if desired, use a dark olive marker to color **the top** of the fly from the tail to the hook eye. Then use a darker brown or black marker to color **the top** of the thorax and the head.