

SUGAR LUMP EMERGER



Recipe

Hook..... Curved Caddis or Nymph, size 14 - 12

Thread..... White, 6/0 or 8/0

Post..... Ethafoam, 2mm, white

Body..... Thread

Rib..... Thread, colored with black permanent marker

Wing..... Squirrel dubbing, natural

Thorax..... Squirrel dubbing

Head..... Thread

1. Attach the thread slightly behind the hook eye and wrap a tight thread base back to the middle of the hook shank, then reverse direction and wrap the thread half-way back toward the hook eye. This should put the thread approximately 1/4 of the hook shank back from the hook eye. Let the thread hang.
2. Cut a strip of Ethafoam slightly less wide than the hook gap. From that strip, cut a 1"- 2" piece and **pinch** off one end leaving a tapered end. Tie the Ethafoam in at the **middle of the tapered end** with few tight thread wraps then bind down the remaining butt with tight thread wraps. Wrap the thread back to the tie-in point, lift the Ethafoam and take several firm wraps around its base, then a few against the front of the Ethafoam post. Now wrap the thread behind the post and wrap a tight touching thread base back to just past the hook bend to form an abdomen. *(It is important that you form a very neat thread base with no gaps.)*
3. Now pull out a 1" length of thread out of the bobbin (don't cut the thread, just pull a length out from the back of the abdomen) and color it black with a permanent marker (this will be our ribbing material).
4. Wrap the blackened thread once or twice around the back of the abdomen on the hook shank, then palmer it forward over the abdomen in 6-8 turns up to the back of the post. If any blackened thread remains, wrap it over the thread wraps covering the post butt till you return to white thread, then return the thread to the back of the post.
5. Form a short dubbing loop and fill about 1½" with dubbing and spin it tight. Now wrap

Over....>

the dubbing loop around the hook shank tight behind the post (be sure to cover the black thread wraps behind the post – (take an extra wrap if needed), then take 2 wraps around the base of the post parachute style. Then wrap the dubbing loop around in front of the post and make 1-2 wraps between the front of the post and the hook eye and tie it off. Make sure you have covered all the thread wraps around the post with dubbing. Remove any excess dubbing loop.

6. Form a neat, small thread head, whip finish, and cut the thread. Carefully apply head cement, if desired.
7. Trim the post your desired length (longer for fast water and shorter for calm water), then trim off any spikey dubbing on the bottom of the hook so that it will ride flat in the water's surface film.