

TRIPLE WING CADDIS



Recipe

Hook.....Dry, long shank, size 6-12

Thread.....Brown, 6/0 or 8/0

Body.....Olive, Black, Gray, or Tan dubbing

Wing.....Elk hair or fine deer hair

Hackle.....Dry, color of your choice

1. Attach the thread slightly behind the hook eye and wrap a tight thread base back to the middle of the hook bend.
2. Dub the thread and wrap a tapered body to just over the hook point. Remove the excess dubbing and let the thread hang.
3. Cut, clean, and stack a small bunch of elk or deer hair as a wing and tie it in on top of the hook shank over the hook point. The hair tips should project back to slightly past the hook bend. **DO NOT LET THE HAIR SPIN AROUND THE HOOK SHANK.** Trim the hair butts and make several tight thread wraps over them to secure them, then return the thread to the wing tie-in point.
4. Now dub the thread and wrap it forward over the hair butts to the middle of the hook shank. Ensure that you cover the wing thread wraps with dubbing. Remove the excess dubbing and let the thread hang.
5. Cut, clean, and stack a second bunch of hair as the second wing and tie it in tight against the front of the dubbing in the same manner as the first wing. The tips of the second wing should reach back to slightly behind the tips of the first wing, Trim the hair butts and bind them down as in step 3. Let the thread hang.
6. Again dub the thread and make a few (2-3) wraps over the wing tie-in thread wraps, then remove any excess dubbing and let the thread hang.

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7. Select a hackle feather with barbs the length of the hook gap. Remove the fluff from the base of feather and tie it in just in front of the second wing.
8. Dub the thread again and wrap it forward to about 1/8" behind the hook eye. Again, ensure that you cover the wing and hackle tie-in thread wraps. Remove any excess dubbing and let the thread hang.
9. Palmer the hackle feather forward over the dubbing to 1/8" behind the hook eye and tie it off. Remove any excess hackle.
10. Now cut, clean, and stack a third bunch of hair as the third and last wing and tie it in tightly 1/8" behind the hook eye. The tips of the hair should reach back to slightly behind the tips of the second wing. Lift the hair butts and wrap the thread under them behind the hook eye. Do a whip finish or 2-3 half hitches and cut the thread
11. Now take your scissors and, while resting the blade against the hook eye, cut the hair butts at a backward angle forming a traditional small caddis hair head.

NOTE: It is suggested that you apply head cement to each of the wing tie-in points (AFTER REMOVING THE HAIR BUTTS) as you complete them to help secure and anchor them.