

# TIGHTLINES

The Monthly Newsletter of the Miami Valley Fly Fishers



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Clipart provided free.  
Courtesy of the artist,  
Dave Whitlock.  
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## ARTICLE DEADLINE FOR NEXT MONTH'S ISSUE:

**Friday,  
August 28, 2015**

**This Month:  
More Summer Fun  
At the FOP!**

## Next Meeting

**August 10, 2015**

**Dayton FOP Shelter  
4275 Powell Road  
(Directions on Website)**

**NO RESERVATIONS REQUIRED  
Meal Price - \$10.00**

**Join us for our next outdoor meeting  
and enjoy a grilled meal,  
camaraderie, and casting competition!**

## Casting Competition News!

The outdoor meetings have begun, which means it's time to dust off those casting skills. Come on over and cast a bit...regardless of your skill level. Another great year with REAL - No Kiddin' - WATER!

The only thing required to participate in the casting events is for you to show up. You don't even have to own a fly rod (although, if you do, you can cheat by practicing at home - just don't tell the judges; they might, no - they will - give you a hard time). There is no age requirement or limit, no height requirement, and no previous casting experience is needed. Everyone is welcome!

### CASTING COMPETITION CUT-OFF TIME

Casting will be held **ONLY** from **5:30 PM to 7:00 PM**. No casting will be allowed after 7:00 PM. The cut-off time will help ensure we are not holding up the meeting with scoring, etc., so come on over and cast early. It should hopefully allow us enough time to eat dinner too.



Continued on Page 2

## President's Thoughts



Hello and welcome to August.

This month's column is about Project Healing Waters, how important it is to the veterans and how supportive MVFF has been in providing instruction, materials and mentorship.

A good friend of mine is a retired Marine Corps Sergeant who was assigned to Lima Company 3<sup>RD</sup> Battalion/ 25<sup>TH</sup> Marines. His unit fought house to house in Iraq losing 41 soldiers and thus suffered the heaviest casualties of any unit during the war.

When his tour ended and I saw him for the first time since deployment, He had been back in the states for almost a week. We were at an outdoor wedding and it was hot. I saw him walking across a parking lot and I called his name. As he turned to face me, I noticed the sleeves of his shirt were rolled up and I didn't understand why parts of his forearms were sparkling in the sunlight. As he came closer, I could also see dark sores on his arms as well. My father had been a welder and I instantly recognized the telltale burns that are caused by pieces of metal as the come into contact with skin. Unlike my father, my friend's burns were caused by shrapnel from an IED. Some of the metal was still working its way out of his skin.

That very moment became symbolic to my understanding of a soldier's sacrifice. Those who survive conflict,

FOREVER carry the burden of having experienced the worst of what man can do on this earth and no one comes back unscathed. Just like the pieces of shrapnel in my friend's arm, the experience of war embeds itself within each soldier. You can harden your body and have the best weaponry available to a modern fighting force, but there is no armor to protect the mind. Many suffer catastrophic physical injury, but all suffer PTSD.

## President's Thoughts Continued from Page 1

Over the last few months, I have helped with the Healing Waters outings and seen the therapeutic effects our sport can have for these vets.

I have watched the distant "1000 yard stare" as it used to be called, leave the face of a young man as he tries to work on casting to avoid getting hung up in the trees. I have also seen a huge smile grow on a man's face as he forgets about his wheel chair while telling you about the carp that just broke his line. I have heard laughter that is louder than war.

I can't begin to express how I feel about the importance and benefit of Project Healing Waters. There is no way to quantify and accurately measure results, but I do believe the stress relief can save lives- theirs and ours.

I am so proud of each and every member of this club who has given a piece of his or herself to supporting Healing Waters. I hesitate to name names because so many are involved. I know I would miss someone- from the organizers to the fly tiers, casting instructors, meal coordinators, transportation providers, vet mentors and all others who help in any way.

Last month, our newsletter and meeting included information about the quarter auction to raise funds for Project Healing Waters. The event was a great success and the final donation proceeds will be announced by Joe Nagel's wife, Debbie at the August meeting. Thank you to Debbie, Bill Grimpe, Karen Via and club members who provided donations for the four auction baskets. Special thanks to Kroger of Springfield, store manager, Elwood Dobbins and our own John Schoenauer for facilitating a donation of items valued more than \$150.00.

Special thanks to Bill Grimpe for making a new portable and adjustable frame for our club banner. I had to manually hold the old one up by hand part of the time at the last BUFF show.

Lastly, if you can read this, PLEASE thank Joe Nagel for his tireless volunteering spirit as he has once again agreed to be the editor of your newsletter.

See you on the 10<sup>th</sup>.

Nathan A. Via  
MVFF President

## Casting Competition Continued from Page 1

### Here are the results for the July Roll Cast:

First Flight, Winner: **Steve Hamilton** (4 targets in 11 casts)

Seniors, Winner: **John Young** (All 5 targets in 14 casts)

Masters, Winner: **Bill Bennett** (All 5 targets in 8 casts)

### Casting Competition – This Month is the Bass Bug

#### Bass Bug Rules:

- Start with bug in hand and allowed unlimited casts to target 1.
- Then only two (2) false casts to all remaining targets.

#### Casting Competition Guidelines:

The monthly competitions, Divisions, and scoring guidelines can now be found on the club web site at the following link:

[http://mvff.tripod.com/Reference/MVFF\\_Casting\\_Competition\\_Guidelines.pdf](http://mvff.tripod.com/Reference/MVFF_Casting_Competition_Guidelines.pdf)

Remember - although we do keep score and everyone would like to win, the real point of doing this (other than to just have a good time) is to improve our casting abilities.

Good luck!

- Jeff Warden

# This Month's Fly – August 2015 Edition

## SUGAR LUMP EMERGER

Instructions by Bill "Woody" Woodward  
Photograph by Bob Cain

### Recipe

Hook.....	Curved Caddis or Nymph, size 14 - 12
Thread.....	White, 6/0 or 8/0
Post.....	Ethafoam, 2mm, white
Body.....	Thread
Rib.....	Thread, colored with black permanent marker
Wing.....	Squirrel dubbing, natural
Thorax.....	Squirrel dubbing
Head.....	Thread



1. Attach the thread slightly behind the hook eye and wrap a tight thread base back to the middle of the hook shank, then reverse direction and wrap the thread half-way back toward the hook eye. This should put the thread approximately 1/4 of the hook shank back from the hook eye. Let the thread hang.
2. Cut a strip of Ethafoam slightly less wide than the hook gap. From that strip, cut a 1" - 2" piece and pinch off one end leaving a tapered end. Tie the Ethafoam in at the middle of the tapered end with few tight thread wraps then bind down the remaining butt with tight thread wraps. Wrap the thread back to the tie-in point, lift the Ethafoam and take several firm wraps around its base, then a few against the front of the Ethafoam post. Now wrap the thread behind the post and wrap a tight touching thread base back to just past the hook bend to form an abdomen. (It is important that you form a very neat thread base with no gaps.)
3. Now pull out a 1" length of thread out of the bobbin (don't cut the thread, just pull a length out from the back of the abdomen) and color it black with a permanent marker (this will be our ribbing material).
4. Wrap the blackened thread once or twice around the back of the abdomen on the hook shank, then palmer it forward over the abdomen in 6-8 turns up to the back of the post. If any blackened thread remains, wrap it over the thread wraps covering the post butt till you return to white thread, then return the thread to the back of the post.
5. Form a short dubbing loop and fill about 1½" with dubbing and spin it tight. Now wrap the dubbing loop around the hook shank tight behind the post (be sure to cover the black thread wraps behind the post – take an extra wrap if needed), then take 2 wraps around the base of the post parachute style. Then wrap the dubbing loop around in front of the post and make 1-2 wraps between the front of the post and the hook eye and tie it off. Make sure you have covered all the thread wraps around the post with dubbing. Remove any excess dubbing loop.
6. Form a neat, small thread head, whip finish, and cut the thread. Carefully apply head cement, if desired.
7. Trim the post your desired length (longer for fast water and shorter for calm water), then trim off any spikey dubbing on the bottom of the hook so that it will ride flat in the water's surface film.

# Grand Opening of Cabela's - West Chester, Ohio

When: Wednesday, August 19th, at 10:00 AM

Where: 7250 Cabela Drive  
(Exit 24 off of Interstate 75, near Liberty Way)

For more information, see the press release at the following link:

<http://www.cabelas.com/custserv/custserv.jsp?pageName=westchester>

**Cabela's**<sup>®</sup>  
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## Project Healing Waters



**Top Left: Gift Baskets put together for the Charity Auction. Proceeds from the Auction will be going to PHWFF.**

**Lower Left: A beautiful image from a recent PHWFF outing.**

**Above: MVFF / PHWFF display at the recent Charity Auction.**

**More PHWFF images can be seen on the club's Facebook page:**

<http://www.facebook.com/MiamiValleyFlyFishers>

# MVFF CALENDAR For August, 2015

- 6, 20 - **Casual Fly Tying**, Gander Mountain, 8001 Old Troy Pike, Huber Heights, OH 45424, 6:00 pm - 8:30 pm
- 10 - **MVFF Outdoor Meeting** (Reservations Not Required - See Page 1 for Details.)
- 19 - **Grand Opening—Cabela's - West Chester, Ohio** (See article on Page 4 for more information)
- 28 - Deadline for Articles for Next Month's Issue of **Tightlines**

## MVFF Message Board

The MVFF Message Board now has over **470** registered members!

Also, you can now read messages without registering or logging in. Just go to the club's web site at <http://www.mvff.us> and you will find a link to the board in the upper left-hand corner.



MVFF is now on Facebook! Follow us at:  
<http://www.facebook.com/MiamiValleyFlyFishers>

## MVFF Email

Miami Valley Fly Fishers is trying to improve communication with members by making greater use of email. To be sure our messages reach you, please put the following address in your email address book:

[mvffemail@gmail.com](mailto:mvffemail@gmail.com)

Then send us an email subject "Email Address Check" to be sure we have your correct email address. Don't forget to include your name.

## REMINDER FOR CLUB PURCHASES

ALL CLUB PURCHASES MUST RECEIVE PRE-APPROVAL IN ORDER TO BE REIMBURSED. AMOUNTS OVER \$50 REQUIRE BOARD PRE-APPROVAL. AMOUNTS UNDER \$50 CONTACT THE CLUB TREASURER FOR PRE-APPROVAL. PLEASE BE SURE TO USE THE EXPENSE REIMBURSEMENT FORM, WHICH CAN BE FOUND ON THE CLUB'S WEBSITE AT THE FOLLOWING LINKS:

[http://mvff.tripod.com/Resources/AP\\_Form.pdf](http://mvff.tripod.com/Resources/AP_Form.pdf) OR [http://mvff.tripod.com/Resources/AP\\_Form.xls](http://mvff.tripod.com/Resources/AP_Form.xls)

## It's Coming.....



midwest  
**OUTDOOR**  
experience

**Look for details in next month's newsletter!**



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**This Month's Meeting:**  
**More Summer Fun At the FOP!**  
 August 10, 2015  
 FOP Shelter



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